



# Is it an Emergency?

## **GO** to an Emergency Room (ER) or call 911

if you have any of these sudden, life-threatening symptoms:

- Bleeding that won't stop
- Broken bones
- Chest or other severe pain
- Poisoning
- Seizure
- Pregnancy labor
- Difficulty seeing, speaking, moving or breathing
- High fever
- Severe abdominal pain
- Animal bite
- Drug overdose

## **CALL** your doctor or urgent care facility

(avoid the wait and cost of an ER) if you have these non-life-threatening symptoms:

- Sprains and strains
- Mild pain during your period
- Diarrhea
- Well baby checks
- Vomiting
- Immunizations
- Cuts and scrapes
- Coughs and colds
- Earache
- Diaper rash
- Sore throat
- Medicine refills
- Tooth problems
- Lice, scabies or ringworm



## **TALK**

to a registered nurse—  
24 hours a day,  
7 days a week,  
365 days a year.

### **Nurse ADVICE LINE:**

1-877-617-0390

(TTY 1-877-617-0392)

*Sometimes you may not be sure if you need to go to the emergency room.*

***Call Nurse Advice Line first!*** They'll be able to help you determine if you have a true emergency.