



**SUBMIT TO:**  
**Utilization Management Department**  
 12515-8 Research Blvd., Suite 400  
 Austin, Texas 78759  
 PHONE 1.877.617.0390  
 FAX 1.866.279.1358

**PSYCHOLOGICAL OR NEUROPSYCH TESTING AUTHORIZATION REQUEST FORM**

**\*All Fields Must Be Completed For This Request To Be Reviewed. Please type or print neatly.**

**Please indicate which level of care the member is currently engaged:**  INPATIENT  OUTPATIENT

**IDENTIFYING INFORMATION**

Member Name \_\_\_\_\_ DOB \_\_\_\_\_ SSN \_\_\_\_\_  
 Member ID # \_\_\_\_\_ Health Plan Name \_\_\_\_\_  
 Provider Name \_\_\_\_\_ OR Agency/Group Name \_\_\_\_\_  
 Professional Credentials \_\_\_\_\_  
 Provider Phone # \_\_\_\_\_ Fax # \_\_\_\_\_  
 Address (street/city/state) \_\_\_\_\_  
 NPI # \_\_\_\_\_ Tax ID # \_\_\_\_\_  
 Referral Source \_\_\_\_\_

**DIAGNOSIS (PLEASE REPORT ALL DIAGNOSES BEING CONSIDERED FOR THIS MEMBER)**

Primary (Required) \_\_\_\_\_ R/O \_\_\_\_\_ R/O \_\_\_\_\_  
 Secondary \_\_\_\_\_  
 Tertiary \_\_\_\_\_  
 Additional \_\_\_\_\_  
 Additional \_\_\_\_\_  
 Danger to Self or Others (If yes, please explain)?  Yes  No \_\_\_\_\_  
 \_\_\_\_\_  
 MSE Within Normal Limits (If no, please explain)?  Yes  No \_\_\_\_\_  
 \_\_\_\_\_

**WHAT ARE THE CURRENT SYMPTOMS PROMPTING THE REQUEST FOR TESTING?**

<input type="checkbox"/> Anxiety	<input type="checkbox"/> Psychosis/Hallucinations	<input type="checkbox"/> Eating disorder symptoms	<input type="checkbox"/> Inattention
<input type="checkbox"/> Depression	<input type="checkbox"/> Inexplicable Behavior	<input type="checkbox"/> Poor academic performance	<input type="checkbox"/> Hyperactivity
<input type="checkbox"/> Withdrawn/poor social interaction	<input type="checkbox"/> Unprovoked agitation/aggression	<input type="checkbox"/> Behavior problems at home	<input type="checkbox"/> Other
<input type="checkbox"/> Mood instability	<input type="checkbox"/> Self-injurious Behavior	<input type="checkbox"/> Behavior problems at school	_____

What is the question to be answered by testing that cannot be determined by a diagnostic interview, review of psychological/psychiatric records or collateral information? How will testing affect the care and treatment in a meaningful way?

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**MEMBER HISTORY**

**SUBMIT TO:**  
**Utilization Management Department**  
 12515-8 Research Blvd., Suite 400  
 Austin, Texas 78759  
 PHONE 1.877.617.0390  
 FAX 1.866.279.1358

Does the patient have any significant medical illnesses, history of developmental problems, head injuries or seizures in the past?  Yes  No  
 Comments \_\_\_\_\_

Does the patient have a family history of psychiatric disorders, behavior problems or substance use?  Yes  No  Uncertain  
 Comments \_\_\_\_\_

Is there any known or suspected history of physical or sexual abuse or neglect?  Yes  No  Uncertain  
 Comments \_\_\_\_\_

If ADHD is a diagnostic rule out, please complete the following: Is the patient's presentation on intake consistent with ADHD?  Yes  No  
 Indicate the results of Conner's or similar ADHS rating scales, if given:  Positive  Negative  Inconclusive  N/A

If the patient is a child, please indicate the collateral information you have obtained from the school regarding cognitive/academic functioning (i.e., teacher feedback, results of school standardized testing) \_\_\_\_\_  
 \_\_\_\_\_

Date of Diagnostic Interview \_\_\_\_\_

Has the patient had a Psychiatric Evaluation?  Yes  No If yes, date of the interview \_\_\_\_\_

Previous Psychological Testing?  Yes  No If yes, date? \_\_\_\_\_

Basic Focus and Results \_\_\_\_\_

**CURRENT PSYCHOTROPIC MEDICATIONS**

Prescriber:  Psychiatrist  General Practitioner  Other

Medication Name	Date Started	Compliant? (Y/N)

**REQUEST FOR AUTHORIZATION**

**Please check only one code:**

- Psych Testing**
- NeuroPsych Testing**
- Aphasia Assessment**
- Developmental Testing**

**Please list the tests planned to answer the clinical questions.**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

Number of units requested to complete tests: \_\_\_\_\_

Provider Name \_\_\_\_\_

Provider Signature \_\_\_\_\_ Date \_\_\_\_\_

Please feel free to attach additional documentation to support your request (e.g. updated treatment plan, progress notes, etc.).